



U.S. Embassy London Info Sheet for U.S. citizens

COVID-19 Testing Requirement for Return to the United States

<p>CDC COVID-19 Requirement</p>	<ul style="list-style-type: none"> You will need to get a COVID-19 viral test (regardless of vaccination status or citizenship) no more than 1 day before you travel by air into the United States. You must show your negative result to the airline before you board your flight. If you recently recovered from COVID-19, you may instead travel with documentation of recovery from COVID-19 (i.e., your positive COVID-19 viral test result on a sample taken no more than 90 days before the flight’s departure from a foreign country and a letter from a licensed healthcare provider or a public health official stating that you were cleared to travel). <p>Link to CDC Guidance</p>
<p>How to get documentation of recovery</p>	<p>If you require a letter from a medical professional as a form of “documentation of recovery” from COVID-19 to travel to the U.S., you may need to speak to a private medical provider as these letters are not widely available through the National Health Service (NHS) in the United Kingdom. Some medical services able to assess recovery include:</p> <p>Dr. Charlie Easmon Medical Director Your Excellent Health Service, 1 Harley St, London W1G 9QD +44 (0)20 7580 5467 charlie@yourexcellenthealth.org</p> <p>Nicola Stewart Medical Secretary Spire Health, Multiple Locations +44 (0)80 8239 9290 Nicola.Stewart@spirehealthcare.com</p> <p>SameDayDoctor Multiple Locations +44 (0)207 631 0090 https://samedaydoctor.org/</p> <p>Link to Embassy Guidance https://uk.usembassy.gov/positive-covid-test/</p> <p>Please note: The Department of State assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the entities or individuals whose names appear on the above lists. Inclusion on a list is in no way an endorsement by the Department or the U.S. government. The information on the list is provided directly by the local service providers; the Department is not in a position to vouch for such information.</p>



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COVID Isolation Guidance

<p>England’s National Health Services (NHS) COVID-19 Guidance</p> <p>www.nhs.uk</p>	<p>Once you test positive, you should:</p> <ul style="list-style-type: none">• try to stay at home and avoid contact with other people for 5 days• avoiding meeting people at higher risk from COVID-19 for 10 days <p>Link to NHS Guidance</p>
<p>U.S. Center for Disease Control (CDC) International Travel Guidance</p> <p>www.cdc.gov</p>	<p>Do not travel until a full 10 days after your symptoms started or the date you tested positive (with no symptoms).</p> <p>Link to CDC Guidance</p>

Medical Assistance

<p>Emergency Medical Assistance</p>	<p>In an emergency, go to A&E (Accident and Emergency Department or Emergency Room) immediately or call 999.</p> <p>If you are using a U.S. phone, you should dial 112.</p>
<p>If you need non-emergency medical assistance [i.e., refill prescription medicine]</p>	<p>Call 111 (from your hotel room or UK phone) or go to the https://111.nhs.uk/ and request a call back (on non-UK phones).</p> <p>To find and call a private doctor’s office - https://uk.usembassy.gov/u-s-citizen-services/medical-information/</p>